



# *The Arc*<sup>TM</sup> *of the St. Johns*

*For people with intellectual and  
developmental disabilities  
since 1972*

***Achieve with us.***



# About The Arc



- Founded in 1972, The Arc of the St. Johns provides services to people with intellectual and developmentally disabilities (I/DD). More than **240** individuals are in our services.
- Our mission – We provide opportunities for hope, growth, change and dignity to people with I/DD in our community.

*Achieve with us.*



# Programs for Learning

Two Adult Day Programs – In St. Augustine and our Beaches Adult Services Center in Jacksonville Beach -provide meaningful day activities, continuing education, and social interaction for adults with I/DD, among several services funded by Medicaid Waiver.

The revolving curricula includes:

- IEP Education and Training
- Multi-media Art
- Structured Physical Education
- Culinary, Health and Nutrition
- Computer Competencies
- Adult Basic Education – Academic/Living



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# *The Therapeutic Learning Center for Children*

- The T L C is a free charter school for children with special needs, ages 2½ to 5, created in 1982, and provides pre-k education and therapies, funded by the St. Johns County School Board. A new two-classroom facility was opened in July 2010.



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# The St. Johns Community Campus

- The Community Campus is a free charter school for young adults ages 18-22 with I/DD and behavioral issues, funded by the St. Johns County School Board. The school is based in downtown St. Augustine, with classrooms in a newly upgraded facility at 62 Cuna Street.



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# Active Support

- **Transportation Services** operates a fleet of 37 vehicles to get people where they need to go.
- **Supported Employment Services** provides people with I/DD with job training, a job coach, and helps to secure and maintain employment for those who wish to work.
- **Community Inclusion** is an important objective for all of the individuals we serve. This program helps clients plan and implement projects and activities that directly involves and benefits everyone.



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# *Living with Dignity*

- **Residential Services** are provided in ten traditional group homes in comfortable neighborhood settings. Our group homes cater to specific needs such as behavioral issues, medical needs, advanced age, and peer groups.
- **Supported Living Services** facilitates roommate matching, finding and renting a residence and maintaining an independent lifestyle.
- **In Home Supports** provides a coach and services for people with I/DD who live independently and in their own homes.



# Among Our Services

- **Behavioral Therapy** seeks to teach skills to decrease inappropriate behaviors so that individuals can interact positively with their community.
- **Extra curricular activities** are available for children and young adults with IDD. These include after school programs and seasonal camps.
- **Mental Health Services** provide structured counseling and therapy to help people with I/DD recognize and manage the symptoms of their mental illness, with Medicaid funding the ADMHS.



# Something New . . .



Creating Smiles One Wave at a Time



*Surf Quest* was created by The Arc of the St. Johns in 2014 to engage many men, women and children with *Intellectual and Developmental Disabilities* in enjoying the ocean and connecting with a caring and sharing community of avid surfers.

*Surf Quest* is a totally volunteer program, supported by kindred and caring businesses and individuals as presenting, equipment and event sponsors at monthly events April to October.

*Surf Quest's* monthly "Beach Days" are free events, with trained volunteers who introduce adaptive aquatic recreation using specialized surfboards and flotation devices for anyone with a disability. All ages and abilities are welcome.

## Achieve with us.

# *Good People*

- **270** Employees - **190** in direct care positions  
Annual Employee Payroll - \$5.6 million (70% of revenue)
- Thorough background and drug screening – 1 of 8 applications rejected
- Week-long Training and Orientation costs approximately \$480 per person
  - best practices
  - HIPPA
  - behavioral principles
  - mandatory reporting of abuse, neglect & exploitation
  - unusual incident reporting
  - CPR, HIV and medication management
  - transportation safety
  - Bill of Rights & Principles of Choice
  - Person-Centered Planning
- Continuing education and certifications

- Detailed reporting & billing procedure requirements
  - Quarter hour services: ADT, Behavior, Companion, Nursing, Supported Employment & Supported Living
  - Daily services: In-Home Supports & Residential
  - Monthly services: Behavioral and Medical Residential
- Regulatory Oversight and Review
  - AHCA – Agency for Healthcare Administration
  - HUD – Dept of Housing & Urban Development
  - APD – Agency for Persons with Disabilities
  - Social Security oversight
  - Delmarva audits standard

# *Effective Board Leadership*

- Support the purpose and mission
- Support and evaluate the chief executive
- Ensure effective planning
- Monitor and strengthen programs and services
- Ensure adequate financial resources
- Protect assets and provide proper financial oversight
- Build a strong and competent board
- Ensure legal and ethical integrity
- Enhance the organization's public standing

  
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